

Okanagan Indian Band Harm Reduction

Servicing Ages: 13+

Service Offerings: Education, prevention, and harm reduction services around substance use, healthy relationships, and safe sex.

Website: <https://www.okib.ca/services/health-social-development/>

Contact: peersupport2@okanagan.org

Okanagan Indian Band Youth Leadership Council

Servicing Ages: 14 - 25

Service Offerings: Addresses the needs of S'yilx' youth from the Okanagan Indian Band (OKIB), establish platforms that allows Youth to participate in the OKIB government, enabling Youth to raise issues that directly affect their lives. Additionally, YLC promotes the development of programs and services focused on the social, cultural, and community needs of OKIB youth. Supporting and creating opportunities that empower OKIB youth and bring about positive change within the community through culture, training, and education.

Website: <https://www.okib.ca/services/public-safety/okib-youth-council/>

ReWild Ranch

Servicing Ages: All ages

Service Offerings: Equine assisted learning. Horsemanship and horse medicine connections.

Website: <https://www.instagram.com/thedevyndestinee/>

Contact: rewildranchbc@gmail.com

Vernon Native Housing Society

Servicing Ages: All ages

Service Offerings: Youth Under Housing Agreements - running for 4 years now - housing youth between 16 - 19 in 8 units. Summer Programs & Employment Opportunities - depending on funding received - running for a num

Website: <http://www.vernonnativehousing.ca/>

BC First Nation Justice Council

Servicing Ages: All ages

Service Offerings: BCFNJC currently provides the following services: Gladue Services, Legal Aid Services, the Diversion Program, and the "Aunties" Program. Additionally, our organization is currently working on implementing the Indigenous Women's Justice Plan for Indigenous girls, women, and 2S+ individuals. BCFNJC is also collaborating with Indigenous youth, Elders, service providers, and community members across the province to develop the Indigenous Youth Justice Plan, with the intent to offer and support Youth-specific programming and services in the future.

Website: <https://bcfnjc.com/>

Brochure:

<https://drive.google.com/file/d/1qw6GYQRANVASVr4K5f6oPyLzz8AeMvyG/view?usp=sharing>

Indigenous Youth Justice:

<https://drive.google.com/file/d/1wDO30BPhCYOBZCAz4wlv12GmxMu8KFQZ/view?usp=sharing>

Indigenous Women's Justice Plan:

<https://drive.google.com/file/d/17krp2wBz2RQRkkY8BhCjNeXjtjnzDvoC/view?usp=sharing>

Westbank First Nation Youth Council

Servicing Ages: 12-18yrs youth center / 19-29yrs

Service Offerings: We offer 20+ programs & services every month for youth aged 12-18yrs, some examples are; Youth Drop In, Cooking sessions, summer youth works, beading & ribbon skirt classes, drivers training, tutoring program, youth fitness, Movie night, out-trips, yoga, boot camp, weightlifting program, basketball, archery lessons, youth hiking program, snowboarding lessons, golf lessons, youth empowerment programs Girl Power & 2BBoys, cultural activities, on the land medicine/berry picking, Youth Leadership, youth wellness workshops etc.

Website: <https://www.wfn.ca/programs-services/youth.htm>

How to Start a Youth Council:

<https://drive.google.com/file/d/1WAvS0pWyFX3MqEIOEZm0IYChZVLF-peE/view?usp=sharing>

Community Futures North Okanagan

Servicing Ages: 16 -30

Service Offerings: Employment Skills Training/Workshops/Job Coaching/Job Start Supports

Website: <https://www.futuresbc.com/employ-for-youth/>

Info on Employ program: https://drive.google.com/file/d/1_YRXOBBd04rgzHf6QEfB6t-iMIX-HdmU/view?usp=sharing

BGCO – Teen Junction

Servicing Ages: 13 – 24

Service Offerings: Vernon - Teen Junction Youth Drop-In Centre.

Kelowna - Richter Street Youth Shelter, Penny Lane Youth Transition House. Downtown Youth Drop-In Centre.

West Kelowna - Westside Youth Drop-In Centre

Website: <https://www.bgco.ca/club-location/north-okanagan/vernon/>

Teen Info Sheet: https://drive.google.com/file/d/1q6_4abUkxUh-gKsYmkxAV87U37DeCPXI/view?usp=sharing

CMHA - Youth Integrated Services Hub (YISH)

Servicing Ages: 12 - 24

Service Offerings: YISH offers free onsite counselling services, call 236-426-1403 or email at youth@cmhavernon.ca. Educational Programs and Support groups: Y-mind, Kids in Control, Living Life to the Full, Suicide Grief Support Group. Workshops for Students in school settings Youth Peer Support. Youth Advisory Council and Volunteer Opportunities. Social Drop - Ins and Social movie Justice Night. Youth Pride Committee. Naloxone Training

Website: <https://cmhavernon.ca/>

Workshops available:

<https://docs.google.com/document/d/1PXNOHt2qUQAZacX6Z590N8LrAqzjwrXW/edit?usp=sharing&oid=100054457710508493575&rtpof=true&sd=true>

Free Counselling info:

<https://drive.google.com/drive/u/8/folders/1QJUVnr1hVduFxFxHyIC61hLKAkg0xRs6eK>

Family Resource Centre Society for North Okanagan

Servicing Ages: All Ages

Service Offerings: One-on-one counselling. Sexual Abuse Intervention Program
Rainbow Program (one-on-one counselling for 2SLGBTQIA+ youth and young adults)
Queer Field Trip (monthly meetup for 2SLGBTQIA+ youth 13 - 18, group meets at a different queer-friendly location each month)

Website: <https://vernonfrc.ca/>

North Okanagan Youth and Family Services Society

Servicing Ages: 12 - 19

Service Offerings: - Intensive Youth Outreach program- Short Term Youth Intervention program
- Youth Agreement assessment and monitoring (MCFD referral Program)- Youth Justice Services (MCFD referral Program)- Parent Teen Conflict Program

Website: <https://noyffs.org/programs/#youth-services>

Okanagan Library

Servicing Ages: All ages

Service Offerings: Space to hang out, free wifi all day, collections of books, e-books, audiobooks for youth as well as access to streaming films and digital magazines. Our programs for teens are currently primarily for queer youth, but we would love to host more if there were teens interested in getting something happening. We also have a Makerspace with a recording studio, 3D printer, Cricut cutter, sewing machine and serger, and Microsoft Surface computers with the full Adobe Creative Cloud - all free of charge to use.

Website: <https://www.orl.bc.ca/using-the-library/our-services>

Vernon Pride Society

Servicing Ages: All ages

Service Offerings: Events throughout the year and pride week.

We are also starting a gender affirming closet program called Affirming Access. It will be launched this fall. It will provide free binders, gaffs and tucking kits for anyone who needs them.

Website: <https://vernonpride.ca/about-us/>

Vernon and District Immigrant and Community Service Society

Servicing Ages: 15-30

Service Offerings: YESS (Youth Employment and Skills Strategy Program) - Assisting with employment and career exploration. YMind (ACT) - Free 8 week in person group for newcomer youth dealing with anxiety and stress. SWIS - (Settlement Workers In Schools) - Helping with settlement for Elementary, Intermediate and secondary school aged youth.

Website: <https://www.vdicss.org/>

YESS Info: <https://drive.google.com/file/d/1ed6p-INliWZMnlGqIzyQcbepCh36gbfS/view?usp=sharing>

YMind info:

https://drive.google.com/file/d/1fEkAZKi4k4RgnUc1EmDUBP_4huzxa8fq/view?usp=sharing

SWISS info:

1. <https://drive.google.com/file/d/1EWeHdoJlcScI00oC83hnLIs8QYt7D1cB/view?usp=sharing>

2. <https://drive.google.com/file/d/1BDKNzIbGxB29pF48luZduYcan2XbtR0Y/view?usp=sharing>

This Space Belongs to You Society

Servicing Ages: 12 -24

Service Offerings: A dedicated program for 2S/LGBTQIA+, and/or IBPOC people (age 12-24) committed to providing safe, inclusive spaces and resources across the Okanagan. Free 1:1 counselling, group programming and gender affirming wear to queer and/or IBPOC youth.

Website: <https://www.thisspacebelongstoyou.com/>